

GIRLS

VARSITY INDOOR TRACK SCHOOL RECORDS

03/13/23 Updated

INDIVIDUAL EVENTS

55m	Samantha Walz	7.23 FAT	N.Y. State Championships	03/04/23
60m	Samantha Walz	7.83 FAT	Ocean Breeze Elite Invitational	02/25/23
200m	Samantha Walz	25.09 FAT	Eastern State Champs	03/01/23
300m	Jesse Carlin	39.8	NY/BQ Sectionals	02/07/04
400m	Jesse Carlin	56.83 FAT	Hispanic Games	01/12/03
600m	Jesse Carlin	1:34.25 FAT	CHSAA Intersectionals	02/15/04
800m	Jesse Carlin	2:15.86 FAT	National Scholastics	03/14/04
1000m	Jesse Carlin	3:00.22 FAT	Stanner Games	01/17/04
1500m	K. Loughlinack	4:53.4	CHSAA Intersectionals	02/14/82
Mile	Lisa Sbarbaro	5:20.47 FAT	Bishop Loughlin Games	12/15/01
3000m	Kristen Sarnicola	10:46.69 FAT	CHSAA Intersectionals	02/18/23
3200m	Kristen Sarnicola	11:35.26 FAT	Nike Indoor Nationals	03/10/23
5000m	Gina Siclari	20:01.52 FAT	National Scholastics	03/13/09
1500m Walk	Mary Molski	8:46.9	CHSAA Intersectionals	02/15/87
55 HH	Lauren Torelli	8.78 FAT	Mayor's Meet	02/22/03
Pole Vault	Erini Farid	9'-9"	CHSAA Novice Meet	01/15/14
High Jump	Teresa Figuly	5'-2"	CHSAA Intersectionals	03/18/81
Long Jump	Angela DeMaio	17'-6.25"	S.I. Championships	03/03/02
Triple Jump	Olivia Cowan	35'-11.25"	CHSAA Intersectionals	02/18/23
Shot Put	Tara Ferraiuolo	37'-1"	N.Y. State Champs	03/05/00

RELAYS

4x200m	Nicolina Siracusa	27.7			
	Olivia Cowan	26.6			
	Victoria Dziubela	27.6			
	Samantha Walz	24.5	1:46.50 FAT	USATF Youth Champs	02/26/23
4x400m	Jesse Carlin	57.9			
	Kim McKeon	61.4			
	Lisa Sbarbaro	62.3			
	Megan Melvin	58.2	3:59.94 FAT	Mayor's Meet	02/23/02
4x800m	Lisa Sbarbaro	2:22.2			
	Jesse Carlin	2:20.8			
	Kim McKeon	2:27.9			
	Megan Melvin	2:22.9	9:33.66 FAT	National Scholastics	03/10/02
Sprint Medley	Nicolina Siracusa	27.7			
	Olivia Cowan	27.0			
	Samantha Walz	58.6			
	Victoria Dziubela	2:20.6	4:14.13 FAT	Nike Indoor Nationals	03/10/23
				ALL-AMERICAN HONORS	
Dist Medley	Lisa Sbarbaro	3:45.5			
	Angela DeMaio	61.7			
	Megan Melvin	2:18.3			
	Julie Lamiquiz	5:28.5	12:33.73 FAT	National Scholastics	03/09/01

GIRLS VARSITY INDOOR TRACK SCHOOL RECORDS Continued

Shuttle Hurdle 4x55m	Lauren Torelli	10.1			
	Jenna Ferrara	10.7			
	Jessica Krakower	10.8			
	Danielle Farley	9.3	40.89 FAT	Ultima Games	12/27/00
High Jump Relay	Kim McKeon	4'-8"			
	Kristin DeAngelis	4'-2"	8'-10"	Joe Fox Ram Relays	12/04/99
Long Jump Relay	Angela DeMaio	17'-0"			
	Lauren Torelli	16'-7"	33'-7"	Manhattan College Relays	03/16/02
Triple Jump Relay	Angela DeMaio	35'-1.5"			
	Megan Melvin	34'-8.5"	69'-10"	Manhattan College Relays	03/16/02
Shot Put Relay	Tara Ferraiuolo	35'-0"			
	Christina Reyes	28'-5"	63'-5"	Joe Fox Ram Relays	12/04/99
Pole Vault Relay	Jenna Ferrara	7'-0"			
	Kaitlin Barr	6'-6"	13'-6"	New Balance Games	01/19/02

MULTIPLE RECORD HOLDERS:

7 – Jesse Carlin 5 – Samantha Walz 4 – Angela DeMaio 4 – Megan Melvin
 4 – Lisa Sbarbaro 4 – Lauren Torelli 3 – Olivia Cowan 3 – Kim McKeon
 2 – Victoria Dziubela 2 – Tara Ferraiuolo 2 – Jenna Ferrara 2 – Kristen Sarnicola
 2 – Nicolina Siracusa 2 – Caitlyn Weiboldt