



8th Annual S.I.H.S.T.& F.A. RELAYS

Saturday December 2, 2023 at Ocean Breeze

RUNNING EVENTS

10:00 AM	Varsity Boys Distance Medley Relay (1200-400-800-1600)
10:30 AM	Varsity Girls Distance Medley Relay (1200-400-800-1600)
11:00 AM	Frosh/Soph Boys Distance Medley Relay (800-200-400-1600)
11:25 AM	Frosh/Soph Girls Distance Medley Relay (800-200-400-1600)
11:50 AM	Varsity Boys 4x200
12:10 PM	Varsity Girls 4x200
12:30 PM	Frosh Boys 4x200
12:40 PM	Frosh Girls 4x200
12:50 PM	Soph Boys 4x400
1:05 PM	Soph Girls 4x400
1:20 PM	Varsity Boys 4x400
1:35 PM	Varsity Girls 4x400
1:50 PM	Frosh/Soph Boys SMR (400-200-200-800)
2:15 PM	Frosh/Soph Girls SMR (400-200-200-800)
2:30 PM	Varsity Boys Sprint Medley Relay (400-200-200-800)
2:45 PM	Varsity Girls Sprint Medley Relay (400-200-200-800)
3:00 PM	JV Boys 400 (for anyone that couldn't fill a relay)
3:05 PM	JV Girls 400 (for anyone that couldn't fill a relay)
3:10 PM	Varsity Boys 3200
3:25 PM	Varsity Girls 3000

STRAIGHTAWAY

9:45 AM	Varsity Boys 55 Meter High Hurdles (Final on Time)
9:55 AM	Varsity Girls 55 Meter High Hurdles (Final on Time)

FIELD EVENTS (2 Person Relays)

10:00 AM	Boys Triple Jump Relay
11:00 AM	Boys Long Jump Relay
10:00 AM	Girls Triple Jump Relay
11:00 AM	Girls Long Jump Relay
10:00 AM	Boys Shot Put Relay Boys Weight Throw to Follow
10:00 AM	Girls Shot Put Relay Girls Weight Throw to Follow
10:00 AM	Girls Individual Pole Vault (Boys to Follow)
10:30 AM	Girls High Jump Relay (Boys to Follow)



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MEET INFO

- This meet is for teams of the S.I.H.S.T.&F.A. and a limited number of off-island teams. We recommend that you enter this meet early to guarantee acceptance. **E-Mail CoachMancusi@aol.com to declare your intent to enter the meet ASAP.**
- All athletes must have a shirt or singlet with the school name on it.
- **ON-LINE ENTRY: Every athlete/entry must be made on ny.milesplit.com. There will be no changes or additions to the on-line entry! Entries are due Wed 11/29 at 9:00 PM**
- **EVENT RULE:** Boys & Girls are limited to TWO events.
- **SPIKE RULE:** Athletes may only wear 1/4 inch pyramid spikes.

JV 400: We have added a JV 400 meter dash. This should ONLY be used for athletes that you can't fit on to a relay. Therefore, no team should enter more than 3 kids in the event. The goal is to give every kid a chance to compete. Ideally this is for a kid that won't fit on your slowest relay. *We really don't want boys faster than 56 seconds or girls faster than 68 seconds.*

CLERKING

- **ALL individual, relay and field event must be entered on ny.milesplit.com**
- **FIELD EVENTS:** In the field events, you must enter your athletes individually At the check-in at each event, your athletes must let the official know who is on the "A" or "B" teams. **NO FINALS.**
- We will be using FAT - All events are Final on Time.
- The Games Committee will be: Chris Mancusi (Pres.), Jim Hughes (VP) and Patricia Mulligan (Treasurer).
- Athlete Prizes: Top 5 in all events will earn medals.
- Team Prizes: None
- The meet director reserves the right to correct scoring mistakes to an indefinite period of time
- Coaches, athletes, and spectators are requested not to badger or show any disrespect to clerks, and officials
- **Coaches are asked to consider obtaining sponsors to help pay for the meet.**

FIELD EVENTS:

<u>TJ Boards</u> -	BOYS: 28, 32, 36, 40 GIRLS: 24, 28, 32
<u>LJ Boards</u> -	BOYS: 8, 12 feet GIRLS: 8 feet
<u>PV Heights</u> -	BOYS: 7', 8', then 6 inches at a time GIRLS: 5', 6', then 6 inches at a time
<u>HJ Opening-</u>	BOYS: 5', up 2 inches at a time GIRLS: 4', up 2 inches at a time
<u>Shot Put</u>	BOYS: 12 lb shot GIRLS: 4K Shot



ENTRY DUE BY WED 11/29

ENTRY FORM

BOYS

VARSITY DMR _____
 VARSITY 4x200 _____
 VARSITY 4x400 _____
 VARSITY SMR _____
 SOPH 4x400 _____
 FROSH 4x200 _____
 FROSH/SOPH SMR _____
 FROSH/SOPH DMR _____

VARSITY 55 HH _____
 VARSITY 3200 _____
 JV 400 _____
 VARSITY PV _____
 VARSITY WEIGHT _____

VARSITY LJ RELAY _____
 VARSITY TJ RELAY _____
 VARSITY HJ RELAY _____
 VARSITY SHOT RELAY _____

GIRLS

VARSITY DMR _____
 VARSITY 4x200 _____
 VARSITY 4x400 _____
 VARSITY SMR _____
 SOPH 4x400 _____
 FROSH 4x200 _____
 FROSH/SOPH SMR _____
 FROSH/SOPH DMR _____

VARSITY 55 HH _____
 VARSITY 3000 _____
 JV 400 _____
 VARSITY PV _____
 VARSITY WEIGHT _____

VARSITY LJ RELAY _____
 VARSITY TJ RELAY _____
 VARSITY HJ RELAY _____
 VARSITY SHOT RELAY _____

TOTAL # OF RUNNING RELAYS - _____ X \$30.00 = \$ _____

TOTAL # OF FIELD RELAYS - _____ X \$15.00 = \$ _____

TOTAL # OF INDIV EVENTS - _____ X \$8.00 = \$ _____

MAIL ENTRY AND CHECK TO:

CHRIS MANCUSI
 S.I.H.S.T.&F.A.
 135 DELMAR AVE
 STATEN ISLAND, NY 10312

Est. # of Athletes _____

\$ _____
 TOTAL ENTRY FEE

CHECKS PAYABLE TO THE S.I.H.S.T.&F.A

\$375.00 BLANKET FEE PER TEAM *\$650.00 COMBINED B/G TEAM

SCHOOL NAME	ADDRESS	CITY	STATE	ZIP
COACH NAME	COACH PHONE	COACH E-MAIL		



MEET RECORDS

BOYS

VARSITY 4x200	1:31.70 FAT	Susan Wagner <i>(Corpus, Vitucci, Othman, Adekoya)</i>	12/07/19
VARSITY 4x400	3:26.60 FAT	Cardinal Hayes ()	12/04/21
VARSITY SMR	3:37.85 FAT	Susan Wagner <i>(Abdalla, Nusser, Thompson, Cuthbertson)</i>	12/02/17
VARSITY DMR	10:38.28	Susan Wagner <i>(Diaz, Vitucci, Rodriguez-King, Perazzo)</i>	12/04/21
SOPH 4x400	3:43.8	Newburgh <i>(Gould, Lure, Gome, Timez)</i>	12/03/16
FROSH 4x200	1:41.2	Newburgh <i>(Lurea, Powel, Gomez, Rudd)</i>	12/03/16
FROSH/SOPH SMR	3:47.16 FAT	Bishop Loughlin <i>(Porter, Noble, Brown, Johnson)</i>	12/07/19
FROSH/SOPH DMR	8:25.57 FAT	Bishop Loughlin <i>(Porter, Noble, Samuels, Johnson)</i>	12/07/19
JV 400	55.07 FAT	Massai Samuel Bishop Loughlin	12/03/22
VARSITY 55 HH	7.89 FAT	Chinemerem Ononiwu Molloy	12/02/17
VARSITY 3200	9:38.56 FAT	Joe Squillacioti Tottenville	12/04/21
VARSITY PV	15'-11"	Charles Crispi Farrell	12/02/17
VARSITY WEIGHT	61'-5.25"	Phil Rosendorf Susan Wagner	12/03/16
VARSITY LJ RELAY	39'-0"	George Hewlett <i>(McDonald, Bruce)</i>	12/07/19
VARSITY TJ RELAY	86'-1.5"	Westbury <i>(Jean, Gonzalez)</i>	12/03/23
VARSITY HJ RELAY	12'-0"	McKee/S.I. Tech <i>(Ndoye, Mirfield)</i>	12/05/15
	12'-0"	McKee/S.I. Tech <i>(Mirfield, Spollen)</i>	12/03/16
VARSITY SHOT RELAY	91'-10.25"	Amityville <i>(Dennis, Fulton)</i>	12/07/19
VARSITY PV RELAY	22'-6"	Farrell <i>(Crispi, Caridad)</i>	12/05/15

GIRLS

VARSITY 4x200	1:46.68 FAT	Kellenberg <i>(Scott, McPherson, Beckford, O'Regan)</i>	12/07/19
VARSITY 4x400	4:20.1	St. Joseph Sea <i>(Connelly, Rutherford, Kolsin, Clark)</i>	12/03/16
VARSITY SMR	4:17.93 FAT	Bishop Loughlin <i>(Cannon, Moore, Palmer, White)</i>	12/07/19
VARSITY DMR	12:43.4	Benjamin Cardozo <i>(Perez, Martinez, Mean, Muccini)</i>	12/03/16
SOPH 4x400	4:20.33 FAT	Msgr Scanlon <i>(Caldwell, Hickman, Dixon, Palmer)</i>	12/03/22
FROSH 4x200	1:53.29 FAT	Msgr Scanlon <i>(Hickman, Palmer, Caldwell, Dixon)</i>	12/04/21
FROSH/SOPH SMR	4:33.51 FAT	Bishop Loughlin ()	12/02/17
FROSH/SOPH DMR	10:04.18 FAT	Ursuline School ()	12/02/17
JV 400	65.81 FAT	Rakae Thomas Msgr Scanlon	12/04/21
VARSITY 55 HH	8.52 FAT	Jaice Dorsey Susan Wagner	12/03/22
VARSITY 3000	10:09.45 FAT	Ava Gumb St Joseph Hill	12/04/21
VARSITY PV	8'-0"	Jody Ng Susan Wagner	12/03/16
VARSITY WEIGHT	43'-2"	N. Umarani-Sanders Susan Wagner	12/02/17
VARSITY LJ RELAY	31'-4.5"	Molloy <i>(Mardenborough, Josey)</i>	12/03/16
VARSITY TJ RELAY	67'-10"	Susan Wagner <i>(LaMarca, Petersen)</i>	12/03/22
VARSITY HJ RELAY	9'-10"	Susan Wagner <i>(Dulisova, Dorsey)</i>	12/03/22
VARSITY SHOT RELAY	64'-3"	Susan Wagner <i>(Umrani-Sanders, Groleau)</i>	12/02/17

Request for Taxpayer Identification Number and Certification

**Give Form to the
requester. Do not
send to the IRS.**

1 Name (as shown on your income tax return). Name is required on this line; do not leave this line blank.
S.I. H.S. T. & F.A. Inc

2 Business name/disregarded entity name, if different from above

3 Check appropriate box for federal tax classification; check only one of the following seven boxes:
 Individual/sole proprietor or single-member LLC
 Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=partnership) ▶ _____
 C Corporation S Corporation Partnership Trust/estate
 Other (see instructions) ▶ _____
Note. For a single-member LLC that is disregarded, do not check LLC; check the appropriate box in the line above for the tax classification of the single-member owner.

4 Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3):
 Exempt payee code (if any) _____
 Exemption from FATCA reporting code (if any) _____
(Applies to accounts maintained outside the U.S.)

5 Address (number, street, and apt. or suite no.)
723 Stafford Ave

6 City, state, and ZIP code
S.I. NY 10309

7 List account number(s) here (optional)

Print or type
See Specific instructions on page 2.

Requester's name and address (optional)

Part I Taxpayer Identification Number (TIN)

Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the Part I instructions on page 3. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN* on page 3.

Note. If the account is in more than one name, see the instructions for line 1 and the chart on page 4 for guidelines on whose number to enter.

Social security number

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or

Employer identification number

8	1	-	3	9	8	2	9	3	8
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Part II Certification

Under penalties of perjury, I certify that:

- The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and
- I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and
- I am a U.S. citizen or other U.S. person (defined below); and
- The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and interest paid, acquisition or abandonment of secured property, you are not required to sign the certification, but you must provide your correct TIN. See the generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions on page 3.

Sign Here Signature of U.S. person ▶ Patricia Mulligan Date ▶ _____

General Instructions

Section references are to the Internal Revenue Code unless otherwise noted.
Future developments. Information about developments affecting Form W-9 (such as legislation enacted after we release it) is at www.irs.gov/fw9.

Purpose of Form

An individual or entity (Form W-9 requester) who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) from you. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the Part I instructions on page 3. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN* on page 3.

- Form 1099-INT (interest earned or paid)
- Form 1099-DIV (dividends, including those from stocks or mutual funds)
- Form 1099-MISC (various types of income, prizes, awards, or gross proceeds)
- Form 1099-B (stock or mutual fund sales and certain other transactions by brokers)
- Form 1099-S (proceeds from real estate transactions)
- Form 1099-K (merchant card and third party network transactions)

- Form 1098 (home mortgage interest), 1098-E (student loan interest), 1098-T (tuition)
- Form 1099-C (canceled debt)
- Form 1099-A (acquisition or abandonment of secured property)

Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN.

If you do not return Form W-9 to the requester with a TIN, you might be subject to backup withholding. See *What is backup withholding?* on page 2.

By signing the filled-out form, you:

- Certify that the TIN you are giving is correct (or you are waiting for a number to be issued).
- Certify that you are not subject to backup withholding, or
- Claim exemption from backup withholding if you are a U.S. exempt payee. If applicable, you are also certifying that as a U.S. person, your allocable share of any partnership income from a U.S. trade or business is not subject to the withholding tax on foreign partners' share of effectively connected income, and
- Certify that the FATCA code(s) entered on this form (if any) indicating that you are exempt from the FATCA reporting, is correct. See *What is FATCA reporting?* on page 2 for further information.