



## 9th Annual S.I.H.S.T.& F.A. RELAYS Saturday December 7, 2024 at Ocean Breeze

### RUNNING EVENTS

9:15 AM	Varsity Boys Distance Medley Relay (1200-400-800-1600) <i>Max 3 per team</i>
9:45 AM	Varsity Girls Distance Medley Relay (1200-400-800-1600) <i>Max 3 per team</i>
10:15 AM	Frosh/Soph Boys Distance Medley Relay (800-200-400-1600) <i>Max 3 per team</i>
10:40 AM	Frosh/Soph Girls Distance Medley Relay (800-200-400-1600) <i>Max 3 per team</i>
11:05 AM	Varsity Boys 4x200
11:25 PM	Varsity Girls 4x200
11:45 PM	Frosh Boys 4x200
11:55 PM	Frosh Girls 4x200
12:05 PM	Soph Boys 4x400
12:20 PM	Soph Girls 4x400
12:35 PM	Varsity Boys 4x400
12:50 PM	Varsity Girls 4x400
1:05 PM	Frosh/Soph Boys SMR (400-200-200-800)
1:30 PM	Frosh/Soph Girls SMR (400-200-200-800)
1:45 PM	Varsity Boys Sprint Medley Relay (400-200-200-800)
2:00 PM	Varsity Girls Sprint Medley Relay (400-200-200-800)
2:15 PM	JV Boys 400 <i>Max 3 per team</i>
2:20 PM	JV Girls 400 <i>Max 3 per team</i>
2:25 PM	Varsity Boys 3200 – <i>Top 20 seeds only</i>
2:40 PM	Varsity Girls 3000 – <i>Top 20 seeds only</i>

### STRAIGHTAWAY

9:00 AM	Varsity Boys 55 Meter High Hurdles (Final on Time)
9:10 AM	Varsity Girls 55 Meter High Hurdles (Final on Time)

### FIELD EVENTS (2 Person Relays)

9:00 AM	Boys Triple Jump Relay
10:00 AM	Boys Long Jump Relay
9:00 AM	Girls Triple Jump Relay
10:00 AM	Girls Long Jump Relay
9:00 AM	Boys Shot Put Relay Boys Weight Throw to Follow
9:00 AM	Girls Shot Put Relay Girls Weight Throw to Follow
9:00 AM	Girls Individual Pole Vault (Boys to Follow)
9:30 AM	Girls High Jump Relay (Boys to Follow)



## 9th Annual S.I.H.S.T.& F.A. RELAYS Saturday December 7, 2024 at Ocean Breeze

### MEET INFO

- This meet is for teams of the S.I.H.S.T.&F.A. and a limited number of off-island teams. We recommend that you enter this meet early to guarantee acceptance. **E-Mail [CoachMancusi@aol.com](mailto:CoachMancusi@aol.com) to declare your intent to enter the meet ASAP.**
- All athletes must have a shirt or singlet with the school name on it.
- **ON-LINE ENTRY: Every athlete/entry must be made on [ny.milesplit.com](http://ny.milesplit.com). There will be no changes or additions to the on-line entry! Entries are due Wed 12/4 at 9:00 PM**
- **EVENT RULE:** Boys limited to TWO events, Girls 2 running/1 field OR 2 field/1 running
- **SPIKE RULE:** Athletes may only wear 1/4 inch pyramid spikes.

**JV 400:** We contest a JV 400 meter dash. This should ONLY be used for athletes that you can't fit on to a relay. Therefore, no team should enter more than 3 kids in the event. The goal is to give every kid a chance to compete. Ideally this is for a kid that won't fit on your slowest relay. *We really don't want boys faster than 56 seconds or girls faster than 68 seconds.*

### CLERKING

- **ALL individual, relay and field event must be entered on [ny.milesplit.com](http://ny.milesplit.com)**
- **FIELD EVENTS:** In the field events, you must enter your athletes individually At the check-in at each event, your athletes must let the official know who is on the "A" or "B" teams. **NO FINALS.**
- We will be using FAT - All events are Final on Time.
- The Games Committee will be: Chris Mancusi (Pres.), Jim Hughes (VP) and Patricia Mulligan (Treasurer).
- Athlete Prizes: Top 5 in all events will earn medals.
- Team Prizes: None
- The meet director reserves the right to correct scoring mistakes to an indefinite period of time
- Coaches, athletes, and spectators are requested not to badger or show any disrespect to clerks, and officials
- **Coaches are asked to consider obtaining sponsors to help pay for the meet.**

### FIELD EVENTS:

<u>TJ Boards</u> -	BOYS: 28, 32, 36, 40 GIRLS: 24, 28, 32
<u>LJ Boards</u> -	BOYS: 8, 12 feet GIRLS: 8 feet
<u>PV Heights</u> -	BOYS: 7', 8', then 6 inches at a time GIRLS: 5', 6', then 6 inches at a time
<u>HJ Opening-</u>	BOYS: 5', up 2 inches at a time GIRLS: 4', up 2 inches at a time
<u>Shot Put</u>	BOYS: 12 lb shot GIRLS: 4K Shot



**ONLINE ENTRY DUE WED 12/4**

## ENTRY FORM

### BOYS

VARSITY DMR \_\_\_\_\_  
 VARSITY 4x200 \_\_\_\_\_  
 VARSITY 4x400 \_\_\_\_\_  
 VARSITY SMR \_\_\_\_\_  
 SOPH 4x400 \_\_\_\_\_  
 FROSH 4x200 \_\_\_\_\_  
 FROSH/SOPH SMR \_\_\_\_\_  
 FROSH/SOPH DMR \_\_\_\_\_

VARSITY 55 HH \_\_\_\_\_  
 VARSITY 3200 \_\_\_\_\_  
 JV 400 \_\_\_\_\_  
 VARSITY PV \_\_\_\_\_  
 VARSITY WEIGHT \_\_\_\_\_

VARSITY LJ RELAY \_\_\_\_\_  
 VARSITY TJ RELAY \_\_\_\_\_  
 VARSITY HJ RELAY \_\_\_\_\_  
 VARSITY SHOT RELAY \_\_\_\_\_

### GIRLS

VARSITY DMR \_\_\_\_\_  
 VARSITY 4x200 \_\_\_\_\_  
 VARSITY 4x400 \_\_\_\_\_  
 VARSITY SMR \_\_\_\_\_  
 SOPH 4x400 \_\_\_\_\_  
 FROSH 4x200 \_\_\_\_\_  
 FROSH/SOPH SMR \_\_\_\_\_  
 FROSH/SOPH DMR \_\_\_\_\_

VARSITY 55 HH \_\_\_\_\_  
 VARSITY 3000 \_\_\_\_\_  
 JV 400 \_\_\_\_\_  
 VARSITY PV \_\_\_\_\_  
 VARSITY WEIGHT \_\_\_\_\_

VARSITY LJ RELAY \_\_\_\_\_  
 VARSITY TJ RELAY \_\_\_\_\_  
 VARSITY HJ RELAY \_\_\_\_\_  
 VARSITY SHOT RELAY \_\_\_\_\_

TOTAL # OF RUNNING RELAYS - \_\_\_\_\_ X \$30.00 = \$ \_\_\_\_\_

TOTAL # OF FIELD ATHLETES - \_\_\_\_\_ X \$8.00 = \$ \_\_\_\_\_

TOTAL # OF INDIV EVENTS - \_\_\_\_\_ X \$8.00 = \$ \_\_\_\_\_

MAIL ENTRY AND CHECK TO:

CHRIS MANCUSI  
 S.I.H.S.T.&F.A.  
 135 DELMAR AVE  
 STATEN ISLAND, NY 10312

\_\_\_\_\_ **Est. # of Athletes**

\$ \_\_\_\_\_  
**TOTAL ENTRY FEE**

**CHECKS PAYABLE TO THE S.I.H.S.T.&F.A**

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SCHOOL NAME	ADDRESS	CITY	STATE	ZIP
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COACH NAME	COACH PHONE	COACH E-MAIL
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## MEET RECORDS

### BOYS

<b>VARSITY 4x200</b>	<b>1:31.70 FAT</b>	<b>Susan Wagner</b> <i>(Corpus, Vitucci, Othman, Adekoya)</i>	<b>12/07/19</b>
<b>VARSITY 4x400</b>	<b>3:26.60 FAT</b>	<b>Cardinal Hayes</b> ( )	<b>12/04/21</b>
<b>VARSITY SMR</b>	<b>3:37.85 FAT</b>	<b>Susan Wagner</b> <i>(Abdalla, Nusser, Thompson, Cuthbertson)</i>	<b>12/02/17</b>
<b>VARSITY DMR</b>	<b>10:38.28</b>	<b>Susan Wagner</b> <i>(Diaz, Vitucci, Rodriguez-King, Perazzo)</i>	<b>12/04/21</b>
<b>SOPH 4x400</b>	<b>3:40.34</b>	<b>Susan Wagner</b> <i>(Charles, Montes, Khan, Walters)</i>	<b>12/02/23</b>
<b>FROSH 4x200</b>	<b>1:41.2</b>	<b>Newburgh</b> <i>(Lurea, Powel, Gomez, Rudd)</i>	<b>12/03/16</b>
<b>FROSH/SOPH SMR</b>	<b>3:47.16 FAT</b>	<b>Bishop Loughlin</b> <i>(Porter, Noble, Brown, Johnson)</i>	<b>12/07/19</b>
<b>FROSH/SOPH DMR</b>	<b>8:25.57 FAT</b>	<b>Bishop Loughlin</b> <i>(Porter, Noble, Samuels, Johnson)</i>	<b>12/07/19</b>
<b>JV 400</b>	<b>54.30 FAT</b>	<b>Nehemiah Monge</b>	<b>Bishop Loughlin</b>
<b>VARSITY 55 HH</b>	<b>7.79 FAT</b>	<b>Alfonso Pimentel</b>	<b>Fordham Prep</b>
<b>VARSITY 3200</b>	<b>9:21.68 FAT</b>	<b>Jack Morelli</b>	<b>St Anthony's</b>
<b>VARSITY PV</b>	<b>15'-11"</b>	<b>Charles Crispi</b>	<b>Farrell</b>
<b>VARSITY WEIGHT</b>	<b>61'-5.25"</b>	<b>Phil Rosendorf</b>	<b>Susan Wagner</b>
<b>VARSITY LJ RELAY</b>	<b>39'-0"</b>	<b>George Hewlett</b>	<i>(McDonald, Bruce)</i>
<b>VARSITY TJ RELAY</b>	<b>86'-1.5"</b>	<b>Westbury</b>	<i>(Jean, Gonzalez)</i>
<b>VARSITY HJ RELAY</b>	<b>12'-0"</b>	<b>McKee/S.I. Tech</b>	<i>(Ndoye, Mirfield)</i>
	<b>12'-0"</b>	<b>McKee/S.I. Tech</b>	<i>(Mirfield, Spollen)</i>
<b>VARSITY SHOT RELAY</b>	<b>91'-10.25"</b>	<b>Amityville</b>	<i>(Dennis, Fulton)</i>
<b>X VARSITY PV RELAY</b>	<b>22'-6"</b>	<b>Farrell</b>	<i>(Crispi, Caridad)</i>

### GIRLS

<b>VARSITY 4x200</b>	<b>1:46.68 FAT</b>	<b>Kellenberg</b> <i>(Scott, McPherson, Beckford, O'Regan)</i>	<b>12/07/19</b>
<b>VARSITY 4x400</b>	<b>4:02.68</b>	<b>Lawrenceville School</b> <i>(Scott, Swindell, Koch, Gaines)</i>	<b>12/02/23</b>
<b>VARSITY SMR</b>	<b>4:17.93 FAT</b>	<b>Bishop Loughlin</b> <i>(Cannon, Moore, Palmer, White)</i>	<b>12/07/19</b>
<b>VARSITY DMR</b>	<b>12:43.4</b>	<b>Benjamin Cardozo</b> <i>(Perez, Martinez, Mean, Muccini)</i>	<b>12/03/16</b>
<b>SOPH 4x400</b>	<b>4:20.33 FAT</b>	<b>Msgr Scanlon</b> <i>(Caldwell, Hickman, Dixon, Palmer)</i>	<b>12/03/22</b>
<b>FROSH 4x200</b>	<b>1:53.29 FAT</b>	<b>Msgr Scanlon</b> <i>(Hickman, Palmer, Caldwell, Dixon)</i>	<b>12/04/21</b>
<b>FROSH/SOPH SMR</b>	<b>4:33.51 FAT</b>	<b>Bishop Loughlin</b> ( )	<b>12/02/17</b>
<b>FROSH/SOPH DMR</b>	<b>10:04.18 FAT</b>	<b>Ursuline School</b> ( )	<b>12/02/17</b>
<b>JV 400</b>	<b>65.81 FAT</b>	<b>Rakae Thomas</b>	<b>Msgr Scanlon</b>
<b>VARSITY 55 HH</b>	<b>8.22 FAT</b>	<b>Jaice Dorsey</b>	<b>Susan Wagner</b>
<b>VARSITY 3000</b>	<b>10:09.45 FAT</b>	<b>Ava Gumb</b>	<b>St Joseph Hill</b>
<b>VARSITY PV</b>	<b>11'-1"</b>	<b>Madeline Magliaro</b>	<b>Trinity School</b>
<b>VARSITY WEIGHT</b>	<b>43'-2"</b>	<b>N. Umarani-Sanders</b>	<b>Susan Wagner</b>
<b>VARSITY LJ RELAY</b>	<b>33'-5.5"</b>	<b>Susan Wagner</b>	<i>(Dorsey, Petersen)</i>
<b>VARSITY TJ RELAY</b>	<b>69'-11.5"</b>	<b>Lawrenceville School</b>	<i>(Swindell, Scott)</i>
<b>VARSITY HJ RELAY</b>	<b>9'-10"</b>	<b>Susan Wagner</b>	<i>(Dulisova, Dorsey)</i>
<b>VARSITY SHOT RELAY</b>	<b>64'-3"</b>	<b>Susan Wagner</b>	<i>(Umrani-Sanders, Groleau)</i>

## Request for Taxpayer Identification Number and Certification

**Give Form to the  
 requester. Do not  
 send to the IRS.**

1 Name (as shown on your income tax return). Name is required on this line; do not leave this line blank.  
S.I.H.S.T. + F.A Inc

2 Business name/disregarded entity name, if different from above

3 Check appropriate box for federal tax classification; check only one of the following seven boxes:  
 Individual/sole proprietor or single-member LLC  
 Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=partnership) ▶ \_\_\_\_\_  
 C Corporation     S Corporation     Partnership     Trust/estate  
 Other (see instructions) ▶ \_\_\_\_\_  
 Note. For a single-member LLC that is disregarded, do not check LLC; check the appropriate box in the line above for the tax classification of the single-member owner.

4 Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3):  
 Exempt payee code (if any) \_\_\_\_\_  
 Exemption from FATCA reporting code (if any) \_\_\_\_\_  
(Applies to accounts maintained outside the U.S.)

5 Address (number, street, and apt. or suite no.)  
723 Stafford Ave

6 City, state, and ZIP code  
S.I. NY 10309

7 List account number(s) here (optional)

Requester's name and address (optional)

**Part I Taxpayer Identification Number (TIN)**

Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the Part I instructions on page 3. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN* on page 3.

Note. If the account is in more than one name, see the instructions for line 1 and the chart on page 4 for guidelines on whose number to enter.

Social security number																
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**Part II Certification**

Under penalties of perjury, I certify that:

- The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and
- I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and
- I am a U.S. citizen or other U.S. person (defined below); and
- The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

**Certification instructions.** You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and interest paid, acquisition or abandonment of secured property, you are not required to sign the certification, but you must provide your correct TIN. See the instructions on page 3.

Sign Here    Signature of U.S. person ▶ Patricia Mulligan    Date ▶ \_\_\_\_\_

**General Instructions**

Section references are to the Internal Revenue Code unless otherwise noted.

**Future developments.** Information about developments affecting Form W-9 (such as legislation enacted after we release it) is at [www.irs.gov/fw9](http://www.irs.gov/fw9).

**Purpose of Form**

An individual or entity (Form W-9 requester) who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) which may be your social security number (SSN), individual taxpayer identification number (ITIN), adoption taxpayer identification number (ATIN), or employer identification number (EIN), to report on an information return the amount paid to you, or other amount reportable on an information return. Examples of information returns include, but are not limited to, the following:

- Form 1099-INT (interest earned or paid)
- Form 1099-DIV (dividends, including those from stocks or mutual funds)
- Form 1099-MISC (various types of income, prizes, awards, or gross proceeds)
- Form 1099-B (stock or mutual fund sales and certain other transactions by brokers)
- Form 1099-S (proceeds from real estate transactions)
- Form 1099-K (merchant card and third party network transactions)

• Form 1098 (home mortgage interest), 1098-E (student loan interest), 1098-T (tuition)

• Form 1099-C (canceled debt)

• Form 1099-A (acquisition or abandonment of secured property)

Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN.

If you do not return Form W-9 to the requester with a TIN, you might be subject to backup withholding. See *What is backup withholding?* on page 2.

By signing the filled-out form, you:

- Certify that the TIN you are giving is correct (or you are waiting for a number to be issued).
- Certify that you are not subject to backup withholding, or
- Claim exemption from backup withholding if you are a U.S. exempt payee. If applicable, you are also certifying that as a U.S. person, your allocable share of any partnership income from a U.S. trade or business is not subject to the withholding tax on foreign partners' share of effectively connected income, and
- Certify that the FATCA code(s) entered on this form (if any) indicating that you are exempt from the FATCA reporting, is correct. See *What is FATCA reporting?* on page 2 for further information.