



BIG BLUE

TRACK & FIELD CLASSIC

A FEW REMINDERS

- * Enjoy your Coaches Gift, hopefully after a great day of racing, jumping and throwing you'll have reason to put it to use – We appreciate your entry.
- * We will run ahead whenever possible.
- * The performance list was sent via e-mail. No stickers or cards are needed – Enjoy your day to just coach. **PLEASE NOTE THE UPDATED TIME SCHEDULE ON THE BACK!**
- * The check-in area will be on the football field, under the field goal post.
- * All warm-ups can take place **ONLY ON THE SOFTBALL FIELD**. Stay off the infield/throwing fields.
- * Coaches are encouraged to be on the infield and cheer on their kids – Give the officials their space. – No athletes though!
- * In the field events, the Top 6 return to the finals.
- * Medals go to the top 5 in every event. We will package your medals throughout the meet. You can pick these up at the end of the meet from the press box in the bleachers.
- * Batons will be provided.
- * **Event Rule: ANY THREE EVENTS; Frosh may not run in sophomore events.**
- * **Opening Heights: Varsity Girls PV 6'-0"**, **Frosh Boys PV 7'-0"** **Varsity Boys PV 9'-0"**
After the Varsity Girls Pole Vault, we will run the Frosh Boys PV separately.
After the frosh are done, we will start a Varsity Boys PV with a 9'-0 opening height.
Boys HJ 5'-0" **Girls HJ 4'-2"**
- * **THROWING EVENT MINIMUM MEASURES**
We have a huge entry in the throwing events and want to be able to move things along. So we will have to institute minimum measures. Each thrower in the following events will get 1 legal mark and then must hit a minimum to get a measure. There are no minimums in the frosh or soph field events, or jumping events.
Varsity Boys Discus - 70' **Varsity Girls Discus - 50'**
Varsity Boys Javelin - 70' **Varsity Girls Javelin - 50'**
Varsity Boys Shot Put - 30' **Varsity Girls Shot - 20'**
- * **PLAQUES**
The following athletes will be presented with plaques for winning events:
 - * **All Championship (4x1, 4x8, SMR) award winners - 1 for each athlete & a plaque for the school**
 - * **All individual varsity event winners - 1 per athlete**
 - * **All varsity relay winners - 1 plaque for the school only**
 - * **All frosh/soph relay winners - 1 plaque for the school only**
- * **Mark your calendar – 21st Edition – April 18, 2020!**

**We thank you for your entry into our meet.
Best of luck to you and your athletes – in this meet and throughout the season!**



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20th Edition – Friday April 12 & Saturday April 13, 2019

RED TIMES DENOTE THE UPDATE TIME SCHEDULE BASED ON ENTRIES – PLAN ACCORDINGLY

DAY ONE – Fri April 12th

7:00 PM Varsity Boys Shuttle Hurdle Relay (NEW, 4-man)
7:20 PM Varsity Girls 100 Meter Hurdles – *Final on Time*
7:40 PM Frosh/Soph Girls DMR (1200-400-800-1600) (NEW)
8:00 PM Frosh/Soph Boys DMR (1200-400-800-1600) (NEW)
8:20 PM Big Blue SMR Girls Cup (400-200-200-800)
8:40 PM Big Blue SMR Boys Cup (400-200-200-800)

4:30 PM Girls Varsity Javelin (Boys to Follow)

4:30 PM Boys Varsity Discus (Girls to Follow)

DAY TWO – Sat April 13th

10:00 **10:00** Frosh Girls SMR (400-200-200-800)
10:20 **10:10** Frosh Boys SMR (400-200-200-800)
10:40 **10:25** Soph Girls 4x800
10:55 **10:40** Soph Boys 4x800
11:10 **10:55** Frosh Girls 4x200
11:25 **11:05** Frosh Boys 4x200
11:40 **11:20** Soph Girls 4x400
11:55 **11:30** Soph Boys 4x400
12:10 **11:45** Varsity Girls 3,000 Meter Run (*Top 15 entries only*)
12:25 **12:00** Varsity Girls 400 Hurdles
12:40 **12:10** Varsity Boys 400 Intermediate Hurdles
12:55 **12:20** Girls Championship 4x100 – *Final on Time*
1:10 **12:30** Boys Championship 4x100 – *Final on Time*
1:25 **12:45** Invitational Girls 800 Meter Run
1:30 **12:50** Invitational Boys 800 Meter Run
1:35 **12:55** Girls Championship 4x800 Relay
1:55 **1:10** Boys Championship 4x800 Relay
2:15 **1:25** Varsity Boys 3,000 Meter Steeplechase (*Top 15 entries only*)
2:30 **1:40** Soph Boys 2,000 Meter Steeplechase
2:40 **1:50** Frosh Boys 2,000 Meter Steeplechase
2:50 **2:00** Varsity Girls 2,000 Meter Steeplechase (*Top 15 entries only*)
3:00 **2:10** Girls DMR (1200-400-800-1600)
3:20 **2:25** Boys DMR (1200-400-800-1600)
3:40 **2:40** Frosh Girls 4x400
3:50 **2:45** Frosh Boys 4x400
4:00 **2:50** Varsity Girls 4x400
4:15 **3:00** Varsity Boys 4x400
4:30 **3:15** Mixed 4x400 (NEW)

FIELD EVENTS – TIME SCHEDULE

10:00 AM *Frosh Boys 8 lb Shot Put* followed by Girls Varsity Shot (Circle #1)

10:00 AM *Soph Boys 12 lb Shot* followed by Boys Varsity Shot (Circle #2)

10:00 AM Girls Varsity Pole Vault (Frosh Boys then Varsity Boys to Follow)

10:00 AM Girls Varsity Long Jump (TJ to follow) – Pit #1

10:00 AM Boys Varsity Long Jump (TJ to follow) – Pit #2

Frosh Boys Long Jump – Frosh will jump with varsity, Medal separately

10:00 AM Girls Varsity High Jump (Boys to Follow)