

St. Joseph by-the-Sea

Varsity 2022-2023

Outdoor Track & Field

Name	Year	FINAL As of 6/1/23													
		<u>55</u>	<u>55HH</u>	<u>100</u>	<u>110HH</u>	<u>200</u>	<u>300</u>	<u>400</u>	<u>400IH</u>	<u>600</u>	<u>800</u>	<u>1000</u>	<u>1200</u>	<u>1600</u>	<u>3200</u>
AGRO, SAL	JUNIOR	7.50				26.0	43.25	62.5							
ANZALONE, JAMES	FROSH					25.6			66.2		2:11.3				
AVILES, DAMIAN	SOPH					26.3		62.0		1:41.6					
BENNETT, COLIN	SOPH					26.7	44.57	57.3		1:36.0	2:11.8	2:58.6	5:10.8	11:28.5	
BRODSKY, MATTHEW	SOPH					23.1	37.46	50.6	58.30	1:24.43	2:00.4				
BROWN, JASON	SOPH	8.30		13.92	23.4	27.2	47.03	61.9	73.80		2:21.9				
CACCAVO, JASON	SENIOR	7.14	9.25			23.7	38.85	55.0							
CARACCILO, MATT	JUNIOR							60.6			2:21.1		5:13.6	11:53.2	
CHIRELLI, NICK	SOPH		10.40			27.4		66.3							
DENICOLA, MICHAEL	JUNIOR	7.64		12.44		24.5	40.60	59							
DIGREGORIO, THOMAS	SOPH			12.51		25.2									
DISTEFANO, ANTHONY	SOPH	7.78				26.3	42.6	60.8							
DORAZIO, MARC	FROSH					28.8									
DOSKOCIL, CODY	SOPH					26.4	42.51	57.8		1:33.0	2:06.3	2:50.8	4:40.3	10:14.00	
DOSKOCIL, DYLAN	SENIOR					27.1	44.37	56.8		1:28.80	2:01.8	2:40.65	3:14.7	4:29.00	9:35.08
FABI, MARIOLUCA	JUNIOR	7.25	11.60			25.0	40.80	56.5							
GAROFANO, CHRISTIAI	SOPH	7.95				25.8	46.0	55.1		1:33.1	2:04.7		4:44.6		
GRUM, LUCASZ	SOPH	8.28		14.11		26.0	43.02	59.4		1:43.1	2:26.0				
HARGROVE, FRANK	SOPH			14.96		31.4		71.7			3:09.4				
HARTNETT, SHAWN	JUNIOR							57.6			2:12.0		5:00.6	11:43.00	
IMPARATO, ROBERT	SOPH					29.9	48.15	63.8		1:44.0	2:16.8	3:05.8	4:58.8	10:47.60	
INGENITA, STEVEN	SOPH	7.93	10.38			26.4	42.48								
KOKAKIS, LUKE	FROSH					27.4	48.00	68.1							
LAMARCA, JAMES	SOPH	7.47		13.63		23.9	39.85	54.7		1:46.8	2:31.2				
LAYVAND, BRANDON	FROSH			14.0		29.7		71.4							
LENTO, MICHAEL	SOPH			14.38		25.9	44.12	57.7		1:37.0	2:18.8				
LOPIANO, MARK	FROSH	10.40		16.4		32.3	61.00	72.6							
MARIANO, SANTINO	SOPH	8.74		13.9		27.9	44.26	59.9		1:41.3	2:17.4	3:17.00	5:05.7		
MARZANO, MATTHEW	SENIOR	7.47		12.6		24.9	41.16	56.4			2:47.7				
MENECHINO, MATT	JUNIOR	7.16				23.7	39.77	55.6							
MUCCIO, JEREMY	SOPH	7.07		11.81		23.58	39.02	51.4							
NIGRO, NICK	SOPH					28.6	47.51	65.0			3:00.0				
PIRA, MICHAEL	FROSH			14.3		30.9		72.1							
PISAPIA, DEREK	SOPH					25.6	42.67	54.1		1:28.3	2:02.5	2:46.2	3:20.7	4:48.1	11:23.2
PONCE, SAM	SOPH					26.1	44.29	59.9			2:36.4				
QUILES, LOUIS	SOPH	7.70				23.4	39.66	55.0							
RAMOS, MATTHEW	SENIOR	7.32		11.8		23.5	40.45	57.8							
RICCARDI, VINCE	JUNIOR	7.47	9.50	12.9	18.20	26.2		66.4							
RUNFOLA, NICK	JUNIOR	6.83		11.87		22.9	38.28	59.6							
SORRENTINO, LUCAS	JUNIOR			12.66		24.9		58.7			2:26.5				
STEFANELLI, ROBERT	JUNIOR			12.02		25.0									
WALZ, JONATHAN	SOPH	8.24				24.1	41.46	53.5		1:32.3	2:03.3		4:44.3		
WARNER, MICHAEL	SOPH				21.98	25.1		58.1							
WILLIAMS, JONATHAN	JUNIOR				18.30	25.0		57.0	61.81		2:22.0		5:32.7		
WILSON, JOSEPH	SENIOR					24.6		54.2		1:28.88	1:59.1	2:38.0	3:17.8	4:25.1	9:35.94

St. Joseph by-the-Sea

LADY VIKINGS 2022-2023

Outdoor Track & Field

FINAL - As of 6/20/23

Name	Year	<u>55</u>	<u>55 HH</u>	<u>100</u>	<u>200</u>	<u>300</u>	<u>400</u>	<u>600</u>	<u>800</u>	<u>1000</u>	<u>1500</u>	<u>1600</u>	<u>2K SC</u>	<u>3000</u>
AGUILAR, ARIANNE	SOPH	9.30		15.59	32.4	55.74	80.2							
AZER, MARIAM	FROSH			15.45	31.9	53.70	79.3							
BARTLEY, MADISON	FROSH				31.6									
BEATTY, OLIVIA	SOPH					56.90	82.9	2:05.3	3:00.7	3:54.4	6:18.4	6:49.7		13:12.3
BOUBOULIS, SOPHIA	FROSH			15.85	31.9	54.05	80.5	2:05.2	2:55.4		06:18.6			
BUE, AMANI	JUNIOR				32.6									
CAHILL, MADISON	FROSH			16.49	34	60.88	86							
CALABRESE, SYDNEY	FROSH				33.4	54.72	79.6							
CAPUTO, GIANNA	SOPH			14.87	29.4	54.16	75.0							
COWAN, OLIVIA	JUNIOR	8.25		13.75	26.96	47.27	72.7							
DZIUBELA, VICTORIA	SENIOR				27.4	46.17	62.0	1:41.97	2:20.6	3:07.1	5:01.0	5:31.3	7:52.8	
EDMONDS, SARA	JUNIOR				33.6	53.92	74.1	2:01.4	2:45.4	3:35.4	5:31.2	6:02.1		12:18.3
FOGARTY, LILY	FROSH				34.7				3:10.0					
KAGAON, AMELIA	SOPH	8.94		15.57	30.4	53.54	72.3							
KNUTSEN, SIANNA	JUNIOR				33.6	56.99								
LONGO, JESSICA	JUNIOR				33.2	53.06	74.1	1:58.0	2:44.8	3:38.5	5:53.7	6:03.0	8:59.8	11:58.4
MATTHEWS, DARLA	FROSH			15.53	30.9		71.1							
MCCMUMSKY, ISABELLA	FROSH			13.72	28.8		79.1							
MURRY, VALENTINA	FROSH				30.6	51.20	86.9							
SARNICOLA, KRISTEN	JUNIOR				30.0	47.52	63.7		2:26.3		5:01.9	5:21.0	7:13.24	10:33.5
SCATTAGLIA, ANYA	SOPH			13.98	28.5	50.18	70.2							
SIRACUSA, NICOLINA	JUNIOR	7.60	8.22 (60)	13.29	26.9	44.96	64.3							
TAVAREZ, ALEXANDRA	JUNIOR				28.3	51.30	70.7							
TRAPANESE, ALEXIS	JUNIOR	8.73	10.46		28.4	47.71	67.2	1:54.64	2:40.0					
VELAZQUEZ, LAILA	SOPH				30.1	48.04	65.2	1:48.87	2:32.5					
WALZ, SAMANTHA	JUNIOR	7.23	7.83 (60)	12.07	24.40	40.56	58.02							
ZENTENO, JULISSA	JUNIOR	10.08		16.91	35.3	61.31	94.9							

POLE VAULT

SIRACUSA	9'-25"
AZER	6'-6"
BOURBOULIS	6'-0"

SHOT PUT

MAGLIONE	29'-11.5"
KNUTSEN	21'-6.5"

LONG JUMP

WALZ	17'-6.75"
COWAN	14'-7.5"
SIRACUSA	14'-5"
TAVAREZ	13'-5"

TRIPLE JUMP

COWAN	35'-11.5"
TAVAREZ	31'-7"
TRAPANESE	28'-7.5"

HIGH JUMP

COWAN	4'-10"
VELAZQUEZ	4'-2"

DISCUS

MAGLIONE	89'-10"
KNUTSEN	56'-10"

THE RELAYS

4x100	49.62 (Siracusa, Cowan, Tavarez, Walz)
4X200	1:45.91 (Siracusa 26.9, Cowan 27.0, Dziubela 27.4, Walz 24.3)
4X400	4:12.83 (Dziubela 64.2, Sarnicola 63.7, Walz 59.5, Velazquez 65.2)
4X800	
800 SMR	1:52.87 (Siracusa, Cowan, Dziubela 29.3, Walz 58.4)
SMR	4:14.13 (Siracusa 27.7, Cowan 27.0, Walz 58.6, Dziubela 2:20.6)
DMR	13:44.2 (Dziubela 4:12.8, Trapanese 71.6, Velazquez 2:40.4, Sarnicola 5:40.7)

POLE VAULT

FABI	8'-0"
MARZANO	7'-0"

LONG JUMP

RAMOS	18'-1"
WARNER	17'-10.5"
MUCCIO	17'-10"
AVILES	16'-5.75"
BRODSKY	15'-8"
LAMARCA	14'-10.5"

SHOT PUT - 8 LBS**HIGH JUMP**

FABI	5'-6"
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TRIPLE JUMP

MENECCHINO	38'-8.25"
FABI	37'-3.25"
AVILES	36'-2"
RAMOS	34'-5.5"
WALZ	33'-0"
MARIANO	27'-4.5"

SHOT PUT - 12 LBS

MCANUFF	41'-6.25"
TYNDORF	34'-0"
SCOGNAMIGLIO	32'-2.25"
BARBARO	26'-8"
SILVIO	21'-3.5"

JAVELIN

BARBARO	73'-10"
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DISCUS

MCANUFF	128'-11"
TYNDORF	100'-5"
BARBARO	73'-0"
SCOGNAMIGLIO	80'-5"
SILVIO	66'-8"

THE VARSITY RELAYS

4x100	46.17	(LaMarca, Quiles, Muccio, Williams)
4x200	1:34.43	(Muccio 23.9, Brodsky 23.1, LaMarca 23.9, Quiles 23.4)
4x400	3:32.79	(LaMarca 55.7, Muccio 51.4, Quiles 55.0, Brodsky 50.6)
4x800	8:05.19	(Dorskocil 2:02.4, Wilson 1:59.7, Brodsky 2:00.4, Pisapia 2:02.5)
4x1600		(
SMR	3:38.57	(Ramos, Runfola, Brodsky, Wilson)
DMR	10:36.13	(Dorskocil 3:14.7, Brodsky 51.0, Pisapia 2:05.2, Wilson 4:25.1)
SHR		(

SOPH RELAYS

4x200	1:34.43	(Muccio 23.9, Brodsky 23.1, LaMarca 23.9, Quiles 23.4)
4x400	3:32.79	(LaMarca 55.7, Muccio 51.4, Quiles 55.0, Brodsky 50.6)
4x800	8:25.58	Walz 2:08.1, Brodsky 2:02.1, Dorskocil 2:09.6, Pisapia 2:05.4)
SMR	3:43.45	(LaMarca 24.5, Quiles 24.4, Muccio 52.2, Brodsky 2:02.1)
DMR	10:59.78	(Pisapia 3:20.7, Walz 53.5, Brodsky 2:02.0, C Dorskocil 4:43.7)

FROSH RELAYS

4x100
4x200
4x400
4x800
SMR
DMR
DMR - V
4x1600