

St. Joseph by-the-Sea

LADY VIKINGS 2023-2024

Outdoor Track & Field

FINAL

As of 6/20/24

Name	Year	55	55 HH	100	200	300	400	600	800	1000	1500	1600	2K SC	3000
AGUILAR, ARIANNE	SOPH	8.65		15.59	30.7	55.74	75.4							
AMICO, VALENTINA	FROSH			16.70	35.7									
AZER, MARIAM	FROSH			15.45	31.7	53.70	79.3							
BARSOUM, SARA	FROSH	10.68			41.7	66.21	1:45.2							
BOUBOULIS, SOPHIA	FROSH			15.85	31.9	54.05	80.5	2:05.2	2:55.4		6:18.6			
CALABRESE, SYDNEY	FROSH	9.23		16.00	32.6	54.72	79		3:00.8			07:21.1		
CAPUTO, GIANNA	SOPH			14.87	29.4	51.31	75.0							
COLEMAN, CASSIDY	FROSH	8.21		13.69	30.0	52.40								
COLLEGIO, GIULIANA	FROSH				30.9	53.49	70.9	1:53.0	2:32.7	3:21.6	5:09.29	5:34.3	8:05.6	11:06.6
COWAN, OLIVIA	JUNIOR	7.86		13.46	25.7	45.47	64.8							
CRONIN, AVA	FROSH			16.74	36.0		90.1							
DESIMONE, GRACE	FROSH	9.74			32.9	56.10	76.6	2:03.3	3:25.1	4:41.3	6:25.31			
DESIMONE, KAITLYN	FROSH				29.9	50.98	67.4	1:49.5	2:33.0	3:30.2	5:20.9			
EDMONDS, SARA	JUNIOR				33.6	53.92	74.1	2:01.4	2:45.4	3:35.4	5:31.2	6:02.1		12:18.3
FASINO, SOPHIA	FROSH		12.94		32.0	55.88	79.4							
GIRARDI, DANIELLA	FROSH	8.50	11.96		30.8	54.04								
GUASTAMACCHIA, ANGELI	FROSH				34.6		71.0		3:08.0					
HERNANDEZ, LITZY	SOPH	9.26		15.50	33.0	56.22	79.0							
KAGAON, AMELIA	SOPH	8.50		14.44	29.6	49.85	66.4							
LAFACE, GIANNA	FROSH	8.93		16.29	31.7	51.76	74.9							
LOMBARDI, NICOLENA	JUNIOR	9.32		15.60	33.7	55.43	82.9							
LONGO, JESSICA	JUNIOR				33.2	53.06	74.1	1:58.0	2:44.8	3:38.5	5:45.3	6:03.0	8:59.8	11:58.4
LONGO, MELANIE	FROSH	9.90			34.4	59.19	85.0	2:23.4	3:16.6	4:36.4				16:40.9
MARCELLO, ELIANA	FROSH		11.87	17.96	31.2	53.84	77.9							
MCCMUMSKY, ISABELLA	FROSH	8.27		13.72	28.8		79.1							
MONE, AVA	FROSH	10.66		17.08	36.0	63.97	84.7							
ODINSKY, NAOMI	SENIOR				31.1	51.66	76.8		3:00.6					
ORTIZ, JULIANNA	FROSH				39.5		75.7		2:53.2					
PALADINO, EMILY	FROSH			17.57	40.8		93.3							
QUIGLEY, AVA	FROSH													
ROMANO, ANGELINA	FROSH	9.00			33.8	53.63	87.8							
RUSINAK, EMMA	FROSH			17.06	35.7									
SALERNO, SERENA	FROSH			13.50	27.4		63.5							
SARNICOLA, KRISTEN	JUNIOR				30.0	47.52	63.7		2:26.3		4:59.1	5:21.0	7:13.24	10:28.9
SCATTAGLIA, ANYA	SOPH	8.18		13.98	27.7	49.03	65.3							
SHEHATA, CLARA	FROSH			17.31	35.3		81.2							
SHEHATA, SARAH	FROSH			15.15	35.8		88.2							
SIRACUSA, NICOLINA	JUNIOR	7.59	8.22 (60)	12.98	26.9	44.96	64.3							
STEFANELLI, BOBBI	FROSH	8.47	11.72		30.2									
TAVAREZ, ALEXANDRA	JUNIOR	8.03		14.06	27.4	46.55	64.5							
TRAPANESE, ALEXIS	JUNIOR	8.73	10.25		28.4	47.71	67.2	1:54.64	2:40.0					
VELAZQUEZ, LAILA	SOPH				27.9	48.04	65.2	1:48.87	2:32.5					
WALZ, ABIGAILE	FROSH			14.00	27.9		61.0							
WALZ, SAMANTHA	JUNIOR	7.15	7.83 (60)	11.82	24.1	39.24	56.6		2:35.0					
ZUPPARDI, SARA	FROSH	10.28		17.42	38.2	66.68	1:54.0							

POLE VAULT

SIRACUSA	9'-4"
AZER	7'-6"

HAMMER

MAGLIONE	106'-4"
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TRIPLE JUMP

COWAN	37'-.25"
TAVAREZ	31'-7"
DESIMONE, G	25'-8.75"
DESIMONE, K	24'-10.25"
AZER	24'-4"
SCATTAGIA	23'-11.5"
LONGO	23'-7.25"
LAFACE	22'-2.75"

SHOT PUT

MAGLIONE	29'-11.5"
PALADINO	21'-4"
ORTIZ	18'-9.5"

HIGH JUMP

WALZ	17'-6.75"	COWAN	5'-0"
COWAN	14'-7.5"	VELAZQUEZ	4'-8"
SIRACUSA	14'-5"	AZER	4'-0"
SALERNO	13'-8"	GUASTAMACCHIA	3'-8"

DISCUS

MAGLIONE	115'-5"
PALADINO	46'-4"

THE RELAYS

4x100	50.55 (Siracusa, Cowan, Tavarez, Walz)
4X200	1:44.99 (Siracusa 27.3, Cowan 25.7, Tavarez 27.7, Walz 24.1)
4X400	4:06.88 (A. Walz 61.1, Siracusa 65.4, S. Walz 56.6, Salerno 63.5)
4X800	
800 SMR	
SMR	
DMR	13:56.4 (Collegio 4:19.6, Velazquez 69.3, Longo 2:57.4, Sarnicola 5:29.6)